

# A month to remember

Remembrance Day celebrated at  
our communities across Canada

Cover photo –  
Bernard (Bernie) Doughton answers the call.  
Waverly Assisted Living November 11 2023



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“Langley Seniors Village is more than just a workplace; it’s a community where friendships are formed and professional bonds are cherished.”

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# The backbone of LSV – Kirpal Bhangoo

## A MESSAGE FROM RAHUL MALIK, GENERAL MANAGER, LANGLEY SENIORS VILLAGE

When I found out that Kirpal and her 16-years at Langley Seniors Village (LSV) were being highlighted in a feature, I couldn't help but think to myself...if there was one word that would best describe Kirpal and what she means to LSV, what would it be?

But what Kirpal contributes to LSV cannot be identified by just one word. Kirpal sees what she does here at LSV as a part of her job but in reality, it's a whole lot more than that. Kirpal's genuine desire to look after our residents, her sense of pride and ownership of LSV, her willingness to do any and everything that needs to be done because "it's for the residents", and her "no' is not in my vocabulary" attitude makes the whole community of LSV very fortunate.

Kirpal has a way of making all the residents feel as if they've known her for years; they see Kirpal as a part of their family, someone they know has their best interest at heart. If a resident is having any troubles, they often seek out Kirpal because they know that she'll take care of it. There isn't a role at LSV that Kirpal hasn't done before; while she is currently a Screener, you will often see Kirpal serving meals, cleaning suites, and even cooking!

How can you wrap all of that up into just one word? I'm not sure that you can, but I'd like to say that Kirpal is the 'backbone' of LSV. Kirpal, we're very privileged to have you here at LSV, please know that you

make an incredible impact day in and day out! Here's to the next 16 years!

*Rahul Malik.*  
General Manager (LSV)



# An interview with Kirpal Bhangoo

## 1) When did you start at Langley Seniors Village?

I began my journey with Langley Seniors Village approximately 16 years ago, proudly holding the title of being one of the longest-standing employees here. In fact, the official anniversary date of LSV falls on my first date of work with LSV.

## 2) What has your journey looked like at our organization?

My journey within Langley Senior Village has been diverse. Starting in the housekeeping department, I transitioned roles during the pandemic to a screener. Throughout the years, I've worked in various departments, including serving and cooking, providing me with familiarity with every corner of this place.

## 3) What motivated you?

My family is the reason I stay motivated. I'm blessed with three wonderful children, they serve as constant inspirations, pushing me to strive for continuous personal and professional growth.



## 4) What do you enjoy most about working here?

The aspect of my work that brings me the greatest joy is the sense of family we've developed at Langley Seniors Village. Our workplace has grown into a close-knit community which makes each and every day enjoyable.

## 5) Is there anybody in the organization that you look up to?

I look up to the residents, they show up each day with so much love and brighten my day at work.

## 6) Do you have a favourite memory?

My favourite memory is our staff Christmas party each year. Everyone wears their lovely outfits, enjoys some great food, and has a blast dancing!

## 7) Do you have any advice for other people who might want to work here?

Embrace the learning process with enthusiasm and make the most of the opportunities provided. Langley Seniors Village is more than just a workplace; it's a community where friendships are formed and professional bonds are cherished. Once you become part of this environment, you won't want to leave.

## 8) What do you do for fun?

During my leisure time, I find relaxation and joy in spending quality time with my family.



# November team milestones

## **BEACON HILL VILLA**

Agustin, Kowhl 14 Years  
Residential Care Aide

Untalan, Sofronio 14 Years  
Residential Care Aide

Downing, Marilyn 14 Years  
Recreation

Moss, Cherry 14 Years  
Residential Care Aide

Afre, Abaynesh 14 Years  
Residential Care Aide

Minhas, Gurjit 14 Years  
Residential Care Aide

Delena, Vicente 14 Years  
Licensed Practical Nurse

Linaogo, Kitz 14 Years  
Residential Care Aide

Sun, Li 14 Years  
Residential Care Aide

Stewart, Heather 14 Years  
Registered Nurse

Woudneh, Eleni 14 Years  
Residential Care Aide

Weaver, Leticia 14 Years  
Licensed Practical Nurse

Appleton-Woolery, Valrie 14  
Years Residential Care Aide

Wijkstra-Vander-Lind, Anneke  
14 Years Recreation

Howard, Renay 14 Years  
Residential Care Aide

Reid, Paul 14 Years  
Residential Care Aide

Woldu, Almaz 14 Years  
Residential Care Aide

Flores, Maria 12 Years  
Licensed Practical Nurse

Hamilton, Tasha 12 Years  
Residential Care Aide

## **COMOX VALLEY SENIORS VILLAGE**

Ewert, Tammy 14 Years  
Home Support Worker

Albright, Wanda 14 Years  
Support Service Worker

Derycke, Denise 12 years  
Residential Care Aide

## **DUFFERIN CARE CENTRE**

Callagon, Gemma 14 Years  
Licensed Practical Nurse

Galang, Bella 14 Years  
Residential Care Aide

Chuah, Tik Har 14 Years  
Registered Nurse

Garden, Stacey 14 Years  
Residential Care Aide

Nassopoulos, Irini 14 Years  
Residential Care Aide

Sta-Ana, James 14 Years  
Residential Care Aide

Ramos, Rosa 14 Years  
Residential Care Aide

Cahill, Kathleen 14 Years  
Residential Care Aide

Arreola, Myrna 14 Years  
Residential Care Aide

Shorter, Shonna A 14 Years  
Licensed Practical Nurse

Lawson, Barbara 14 Years  
Residential Care Aide

Castillo-Campos, Sonia 14 Years  
Residential Care Aide

Currie, Millicent 14 Years  
Residential Care Aide

Dewan, Meena 14 Years  
Residential Care Aide

Grienza, Arturo 14 Years  
Residential Care Aide

Pereira, Jesila 14 Years  
Recreation Aide

Roth, Gloria 14 Years  
Residential Care Aide

Gatasi, Rosario-Maria 14 Years  
Residential Care Aide

Carbonell, Victoria 14 Years  
Residential Care Aide

Anderson, Carmen 14 Years  
Recreation

Garden, Leigh 14 Years  
Residential Care Aide

Diopita, Hazel 14 Years  
Registered Nurse

Kovacevic, Sejdefa 14 Years  
Residential Care Aide

Chae, Jee-Eun 14 Years  
Licensed Practical Nurse

Roque, Maria 14 Years  
Residential Care Aide



# November team milestones cont'd.

Kops, Alex 14 Years  
Licensed Practical Nurse

Dias, Lori-Ann 14 Years  
Licensed Practical Nurse

Monterola, Renita 13 Years  
Residential Care Aide

## **GUILDFORD SENIORS VILLAGE**

Reblando, Amelia 19 Years  
Residential Care Aide

Fortin, Ana-Linda 19 Years  
Residential Care Aide

Pereira, Jesila 14 Years  
Recreation Programmer

Pelaez, Genevieve 14 Years  
Director of Care

Riparip, Allan 12 Years  
Residential Care Aide

## **KAMLOOPS SENIORS VILLAGE**

Robinson, Liana 17 Years  
Residential Care Aide

## **MAPLE RIDGE SENIORS VILLAGE**

Lane, Kenya 13 Years  
Registered Nurse

McLure, Bobbi 13 Years  
Support Service Aide

## **NANAIMO SENIORS VILLAGE**

Lindenthaler, Delphine 14 Years  
Licensed Practical Nurse

Abalos, Lilibeth 14 Years  
Licensed Practical Nurse

Mcwillis, Correna 14 Years  
Residential Care Aide

Fontaine, Debbie 14 Years  
Residential Care Aide

Franklin, Michelle 14 Years  
Assistant Director of Care

Schwabe, Tanya 14 Years  
Residential Care Aide

Beech, Crysalin 14 Years  
Licensed Practical Nurse

Hear, Mandeep 14 Years  
Residential Care Aide

Russ, Cheryl 14 Years  
Residential Care Aide

Simoni, Nadina 14 Years  
Residential Care Aide

Maunder, Gale 14 Years  
Residential Care Aide

Casten, Michael 14 Years  
Residential Care Aide

Chekifi Marini, Mary Monique  
14 Years Residential Care Aide

Green, Imelda 14 Years  
Residential Care Aide

Gayse, Michelle 13 Years  
Home Support Worker

## **PEACE PORTAL SENIORS VILLAGE**

Singh, Doreen 12 Years  
Residential Care Aide

## **RENFREW CARE CENTRE**

Balanay, Melanie 13 Years  
Resident Care Coordinator

Aga, Aster 13 Years  
Residential Care Aide

## **ROSEMARY HEIGHTS SENIORS VILLAGE**

Jagpal, Jessie 15 Years  
Residential Care Aide

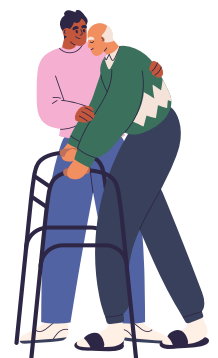
Minhas, Jasbir 15 Years  
Residential Care Aide

Bongon, Armando 15 Years  
Residential Care Aide

Gill, Kashmir 15 Years  
Housekeeper

Brar, Simmerjeet 15 Years  
Cook

Ghuman, Harpreet 13 Years  
Home Support Worker



# November team milestones cont'd.

## **SUMMERLAND SENIORS VILLAGE**

Kozjak, Rachel 17 Years  
Residential Care Aide

Leppanen, Tarja 17 Years  
Resident Care Aide - AL

Malinowski, Carrie 12 Years  
Resident Care Aide - AL

## **THE WELLESLEY**

Safnuk, Barry 23 Years  
Cook

Corcoro, Cyrille 15 Years  
Server

## **WILLIAMS LAKE SENIORS VILLAGE**

Lowe, Dawn 18 Years  
Licensed Practical Nurse

Stromgren, Cara 12 Years  
Residential Care Aide

Thank you to all our staff members for your continued dedication to making our communities the best they can possibly be. Be sure to give them a congratulations if you see them around!

# November welcomes!



## **LAURA STOKES-CRAIN**

Laura Stokes-Crain will be joining the Support Office team as the Director of Sales and Marketing!

Laura relocated from Ontario to B.C. three years ago and boasts 18 years of experience in the field of senior living sales and marketing. In her most recent position, she served as the Vice President of Sales and Marketing at Schlegel Villages in Kitchener, Ontario.

Laura and her husband, their two children, and their dog call Osoyoos

home. They have thoroughly enjoyed exploring the unique desert landscape of Canada since their move to B.C. Additionally, Laura has fully embraced the majestic mountains of the west and has developed a passion for skiing on real mountains.

Being in nature is something Laura greatly appreciates, and she frequently engages in activities such as camping, kayaking, paddleboarding, and hiking with her family. These outdoor pursuits, combined with regular exercise, help her maintain a healthy balance between her family, work, and personal life. It's worth noting that Laura is always up for some good music and a dance party!

Let's extend our warmest congratulations to Laura as she embarks on her new journey with the company!

# November welcomes!



**BECKY BAUFELD**

We are excited to announce that Becky Baufeld will be starting as the Receptionist & Office Coordinator at our downtown office!

Becky is a family-oriented individual, married with a daughter, and is a cat lover, with two feline companions named Stuart and Abby.

She and her husband are passionate about sports, particularly hockey, and they are proud season ticket holders for the Canucks. Becky is also an outdoor enthusiast who finds joy in kayaking and golfing. She is presently enhancing her skills in long game golf, even though she shines in pitch and putt.

Let's extend our warmest congratulations to Becky as she embarks on her new journey with the company!



**SANDRA MCCULLOUGH**

It is with great pleasure that we announce Sandra (Sandy) McCullough's appointment as Receptionist & Office Coordinator at the Langley branch!

Sandy, who is a self-proclaimed tomboy, is the proud owner of two male toy poodles, Chachi and Joey. Sports have always been a passion for her. She spent her childhood playing softball and currently indulges in watching Nascar, hockey, football, baseball, and horse racing. Her idea of a perfect weekend involves hanging out with friends and dancing.

An interesting tidbit about Sandy is that she has never consumed a cup of coffee

Let's extend our warm congratulations to Sandy on her new position within the company!





# Community reviews

Our communities do an incredible job making a home for all our seniors and they deserve all the recognition in the world for their hard work and dedication! Here are some Google reviews from this month written by our residents and their loved ones showing all their appreciation for our teams!

**Kelly Wakefield**



**SUMMERLAND SENIORS VILLAGE**

Nov 6, 2023 I have read some of the reviews. But I have my own opinion. Summerland Seniors Village is Amazing Let me explain. 1. Care Staff are Kind and Efficient also really care about our loved one. 2. Care Staff does not get enough credit, they do internally externally from some of the reviews I have read you **OBVIOUSLY HAVE NEVER WORKED OR UNDERSTAND HEALTH CARE!!!!!!** They are exceptional. 3. The care staff goes above and beyond, its not easy for anyone in this role but they smile stand proud, are well trained in their scope of practice and give great person centered care. 4.

The quality of care is 5 star, everyone is so approachable with questions you may have. Interesting that when I phone they know exactly where my mom is. How many Care facilities can say that. 5. Quality of care from medications, taking their Blood pressure, to baths etc.. my Mom loves it there the staff and the residents. Everyone is kind. 6. They have developed an amazing culture right from the front desk, to the great social activities, the kitchen and the great menu, and never seen a problem with the statement. If I have a question they get back to me right away and, I would like to point out maybe if you take a moment and understand your statement you will ask the correct questions as they are great at explaining the statement to you. Thank you Summerland Seniors Village as I know our mom is happy, safe and getting the best care we could ever ask for. We are grateful to have our mom there. Also a big Thank-you to everyone that works in all capacities at Summerland Senior Village

**Brenda Chan**



**DUFFERIN CARE CENTRE**

My mother has been at Dufferin Care Centre since April 23 and I wanted to take this opportunity to thank everyone there for taking such good care of her. The staff there is wonderful on all levels. They are caring, kind and cheerful. My highest praise goes to the new General Manager, Christian Bunz. He is doing an excellent job. He is enthusiastic and dedicated to providing the best care to the residents and getting to know the families. In less than 2 months, we've already had 2 family council meetings. He follows up with Meeting Minutes and regularly updates us on the latest developments with DCC (e.g. calendars, newsletters, Covid updates, etc.). As I live in the US, his hard work helps us stay informed. Thank you for all you do. Keep up the good work, DCC!



**Sheena Sargeant**



**WHITE ROCK SENIORS VILLAGE**

The Seniors Village staff team has cared for my mother since she entered. The entire team continues to welcome her and make her feel included. The thoughtful coordination of care continues to be respectful, welcoming, and coordinated from start to finish – be it from the front desk staff to the recreation team to the cleaning team to the maintenance team to the kitchen team to Administration and Management. Each team member takes time to listen to the residents, considering various and divergent needs as the residents move through this stage in their lives. White Rock Seniors Village provides three yummy, creative, and balanced meals every day, and a collection of very large heats. Thank you for helping my mother to age in place.

**Steve Szilvassy**



**TERRACES ON 7TH**

I simply cannot say enough positive about my experience moving my 78 yo mom and 90 yo dad into the Terraces on 7th in July 2023. They are absolutely thriving and every time I speak with them they excitedly tell me about the delicious meals they have, the fun activities they participate in, the many new friends they have made and how wonderful the staff all are! Their longtime friends have all noticed a dramatic change in their mood; they are so much more relaxed and happy. Several outside friends have come to visit and now enviously refer to the Terraces like being on a cruise, with the ready availability of great food, a movie theater, music and art activities, etc. The 5th floor dining room has an amazing view of Vancouver, the mountains, and English Bay. The move-in experience was seamless and Cheryl went «above and beyond» in so many ways. I took my parents to visit six independent living facilities in Vancouver and it was the Terraces on 7th that they fell in love with due its proximity to the city and the buzz and energy of the Granville St and Broadway area where they could continue to walk easily to their favorite coffee shops and meet up with friends. The Terraces on 7th has so many positive attributes that have transformed my parents lives and I cannot recommend this facility and the staff highly enough!







Veterans from the Courtenay Legions posing next to Comox Valley Seniors Village residents



Bernard (Bernie) Doughton answers the call. Waverly Assisted Living November 11 2023



Silhouettes and wreaths remind us of those who made the ultimate sacrifice at Peace Portal Seniors Village. The famous war poem, "In Flanders Fields" by John McCrae, on display



# Gerry Kilburn, RCAF

## SUMMERLAND SENIORS VILLAGE

Our communities are filled with the remarkable stories of our residents who have experienced these historic events, such as Gerry Kilburn, a resident of Summerland Seniors Village. We honor and appreciate the contributions of people like Gerry to our country.



OUR  
RESIDENTS  
REMEMBER

## Gerry Kilburn

**CANADIAN AIR FORCE  
BOMBER PILOT**

Gerald (Gerry) Kilburn was born on September 16, 1921 in Manitoba. He and his late wife Evelyn were married for over 50 years.

Gerry has one daughter and one son who live in B.C., and Alberta.



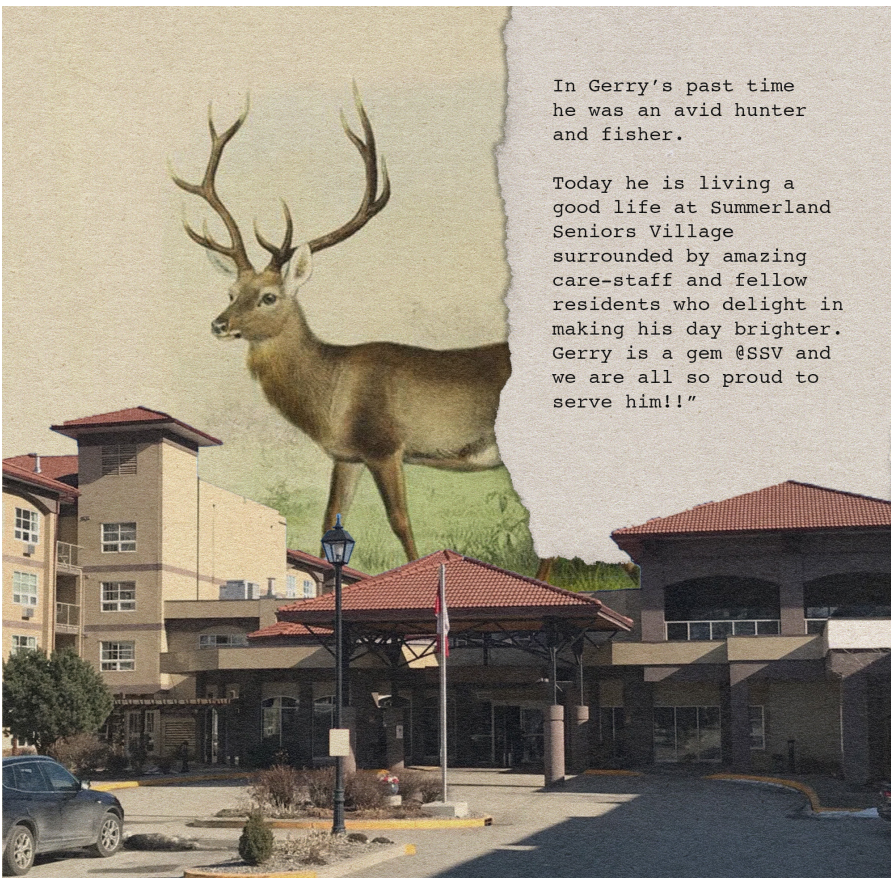


Gerry was a WWII Pilot in the Canadian Air Force from 1940-1960 and completed 30 missions as a bomber pilot.

On one mission his plane, with 3 other crew members, crashed in the Mediterranean Sea. All survived, resulted in them each becoming "Goldfish Club" Members.

Gerry's career after WWII was as a sales manager for outboard motor company for over 20 years.

Gerry is no longer stressed out about WWII, he says "it feels like a lifetime ago."



In Gerry's past time he was an avid hunter and fisher.

Today he is living a good life at Summerland Seniors Village surrounded by amazing care-staff and fellow residents who delight in making his day brighter. Gerry is a gem @SSV and we are all so proud to serve him!!"



# A west coast Diwali

## A FESTIVAL OF LIGHTS IN THE MIDDLE OF THE RAINY SEASON

Diwali, also known as the Festival of Lights, is a joyous and significant Hindu holiday celebrated by millions of people around the world. It symbolizes the victory of light over darkness and good over evil. During Diwali, families come together to light oil lamps called diyas, decorate their homes with colorful rangolis, exchange gifts, and indulge in delicious traditional sweets and snacks.



Rosemary Heights Seniors Village Clinical Lead, Emmanuel (left) and Home Support Worker, Sharmila (right) posing during the community's Diwali celebration



RCA Iqbal (left) and Dietary Aide Jaswinder (right) dancing during Guildford Seniors Village Diwali celebration.





The Rosemary Heights Seniors Village community celebrating Diwali in style!



The Guildford Seniors Village team looked great during their Diwali celebration!

# Dates to remember

**December 3, 2023**

International Day of Persons with Disabilities

**December 4, 2023**

National Cookie Day

**December 5, 2023**

National Volunteer Day

**December 6, 2023**

National Day of Remembrance & Action on Violence Against Women in Canada

**December 7, 2023**

First night of Hanukkah

**December 9, 2023**

Christmas Card Day

**December 10, 2023**

Human Rights Day

**December 12, 2023**

Gingerbread House Day

**December 13 – 25, 2023**

12 Days of Festivities

**December 25, 2023**

Christmas Day

**December 26, 2023**

Kwanzaa

**December 27, 2023**

National Fruitcake Day

# Marketing highlights



Craft Fair Poster  
Summerland Seniors Village



Family Caregiver Series  
Summerland Seniors Village



Open House & Holiday Market  
Comox Valley Seniors Village